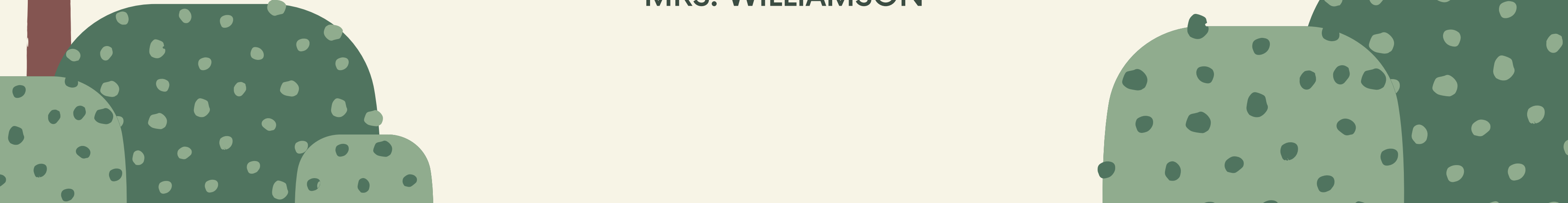


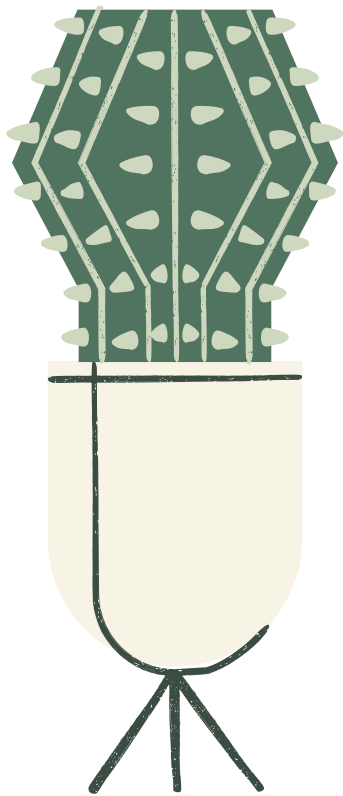


Nature Walk

PEACE OF EARTH LESSON
MS. LUSKIN
MRS. WILLIAMSON



Materials Needed for Nature Walk



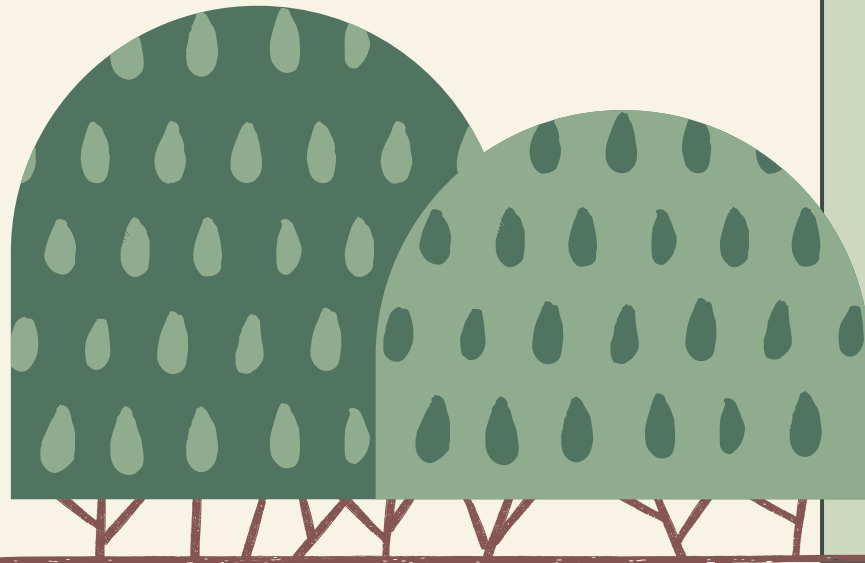
Being prepared to go outside is the first step!
We will be hiking, exploring natural materials
and creating sketches of our surroundings.
What do you think we will need?

water

snack

sketchbook/pencil

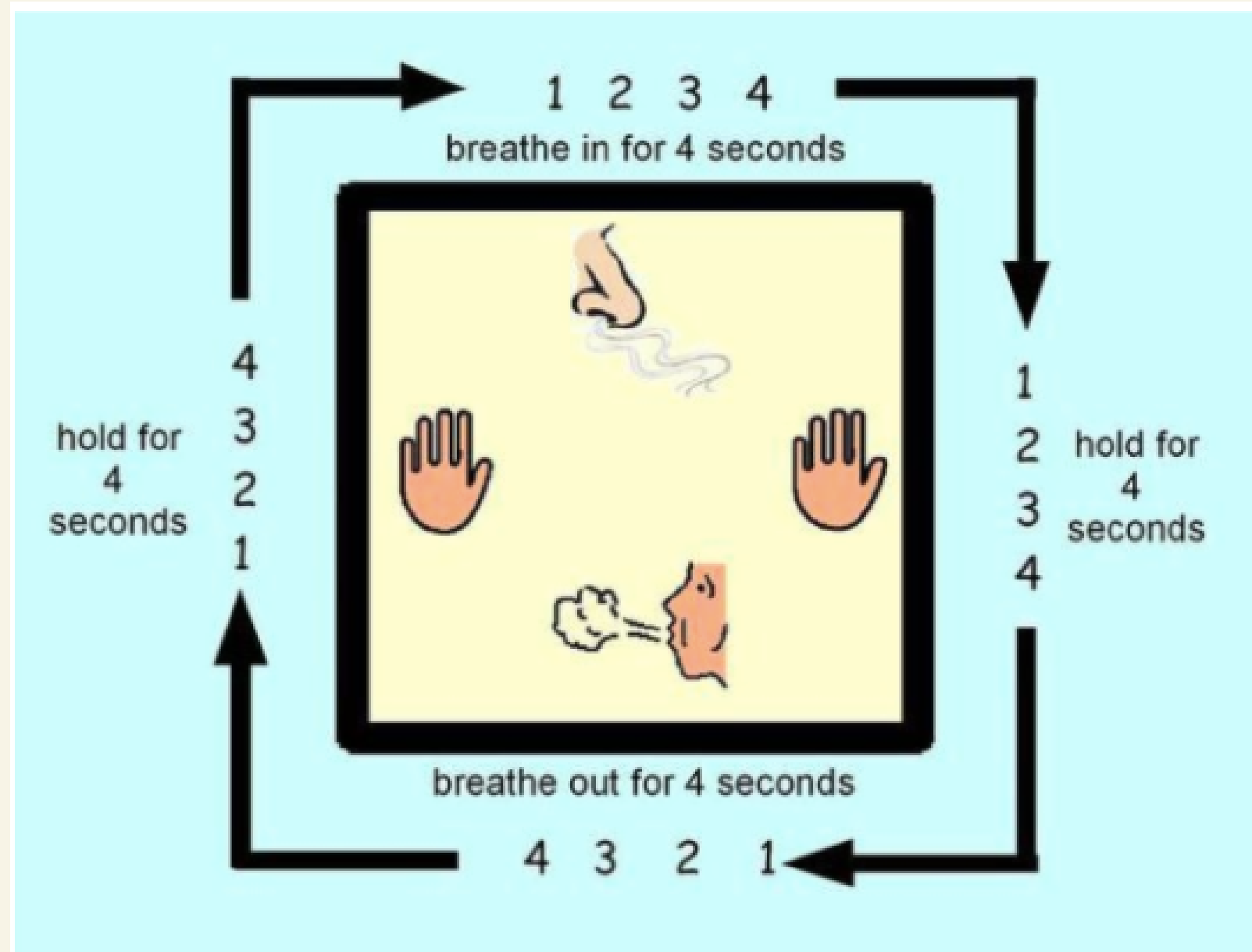
Nature Walk Objectives & Essential Questions



Look for objects/materials that inspire you while we explore. Make a sketch, gather fallen objects/materials or take photographs.

What are unique ways to use natural material? How can we document the space without disturbing the environment? What processes can we learn from nature?

01:



Box Breathing Meditation

Close your eyes. Breathe in through your nose while counting to four slowly. Feel the air enter your lungs.

1. Hold your breath inside while counting slowly to four. Try not to clamp your mouth or nose shut. Simply avoid inhaling or exhaling for 4 seconds.

1. Begin to slowly exhale for 4 seconds.

2. Repeat steps 1 to 3 at least 3 times.

Time: 4 min

Reflection:

How does the ground beneath you feel?

What thoughts come to mind while being outside in this specific location?

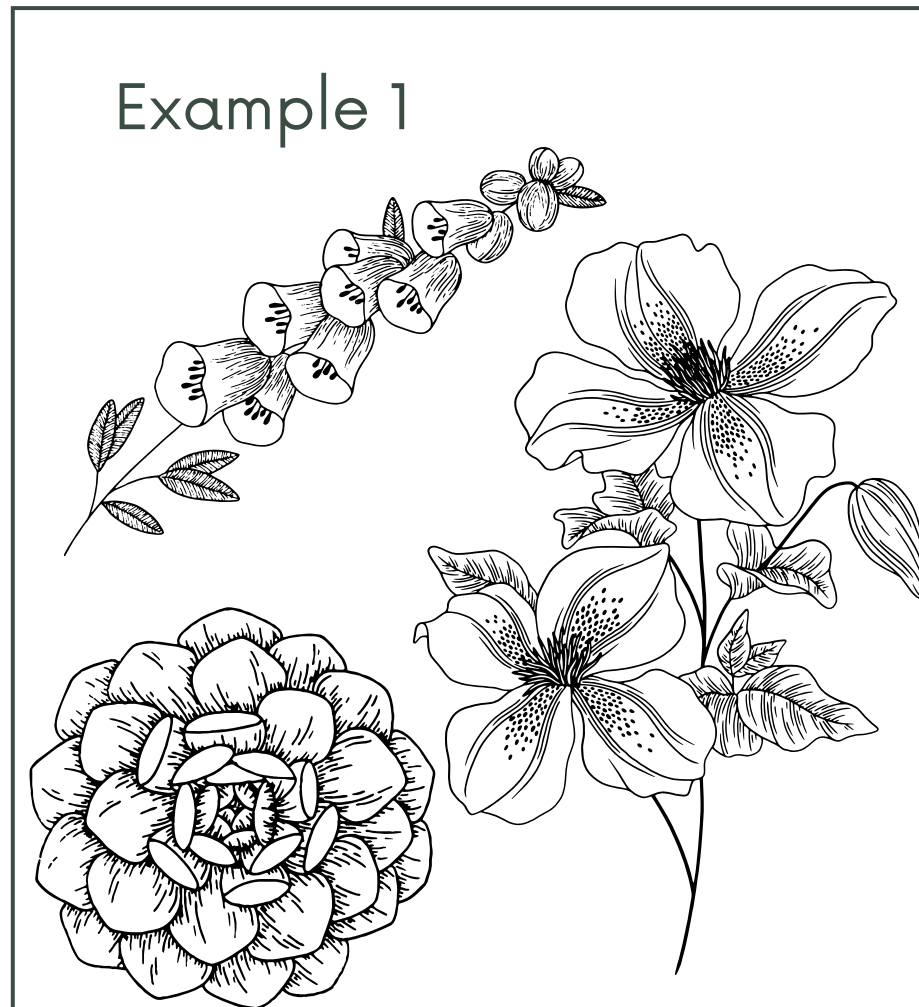
02:

Field Sketchbooks

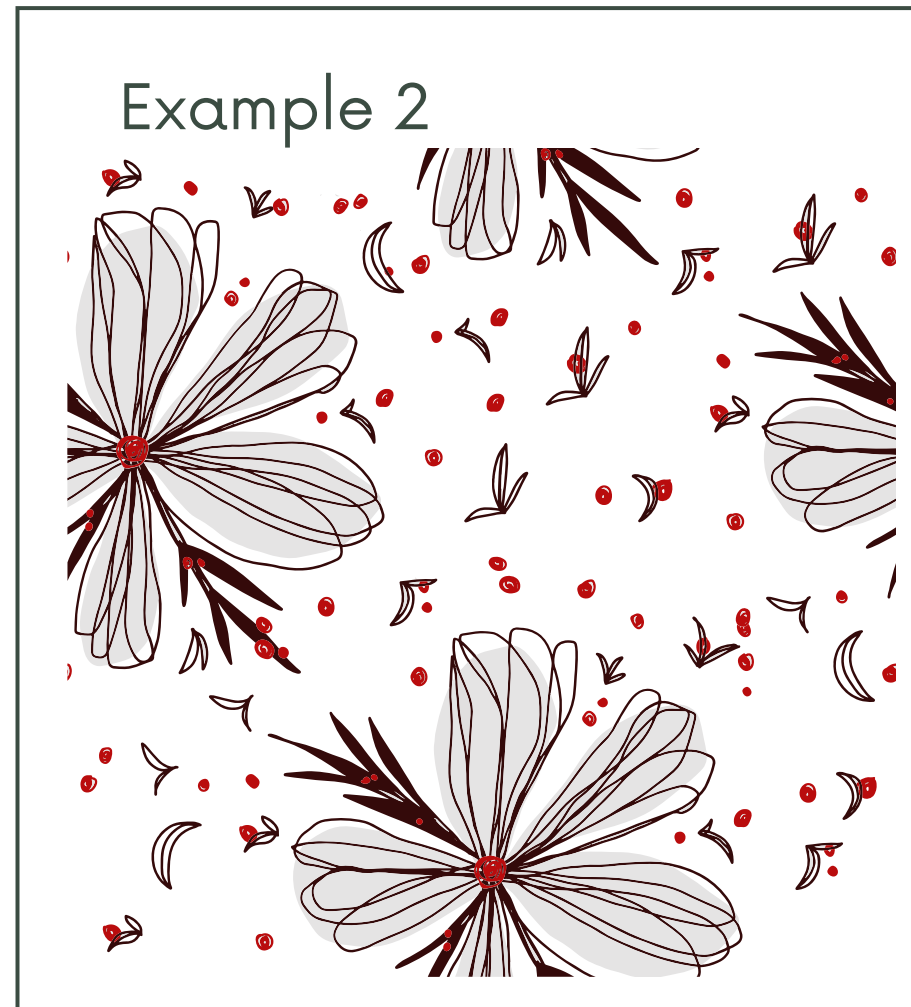
While in the field, use your sketchbooks to document your surroundings and findings.

Time: 15-25 min

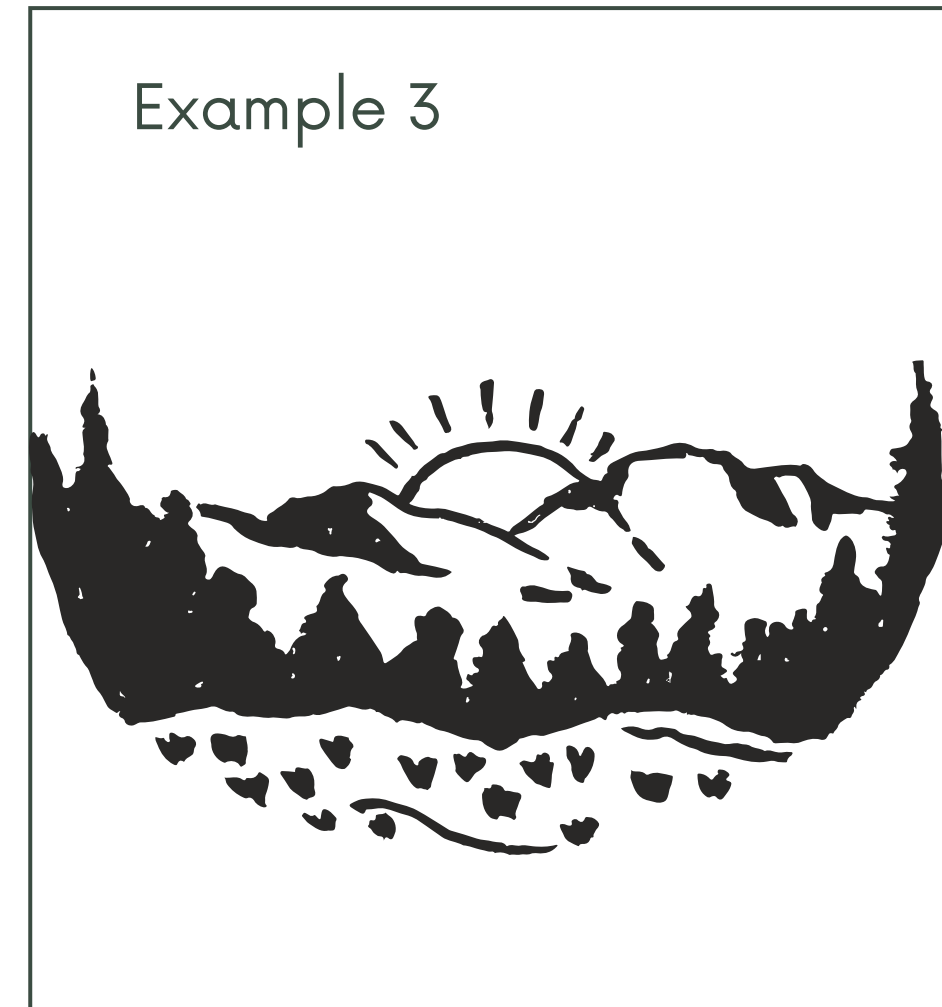
Example 1



Example 2



Example 3



03:

Exploration Activity

While on the Nature Walk, you will be paired with a partner to complete a quick sculpture with found objects.

01.

Gather materials: must be on the ground/non living materials.

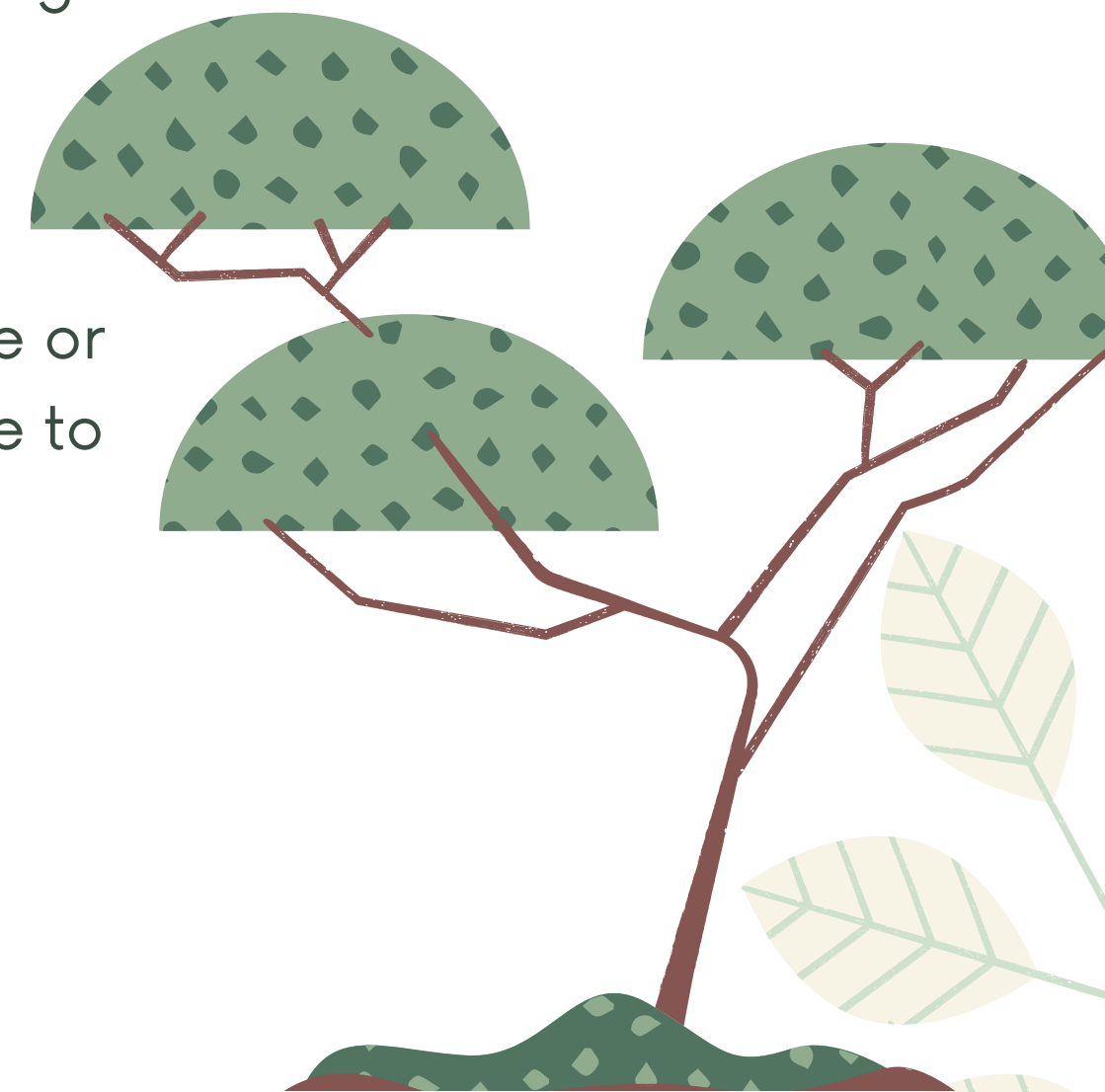
02.

Explore uses for materials: how can we manipulate or change materials? How can we create a sculpture to document where we found these materials?

03.

Share out with class

Time: 15 min



Class Recap

DISCUSSION

What did you learn from interacting with the environment from an artistic perspective?

How will you manipulate/change/utilize found materials to create a significant environmental work?

How can we use sculptural elements to document a space without disrupting nature?



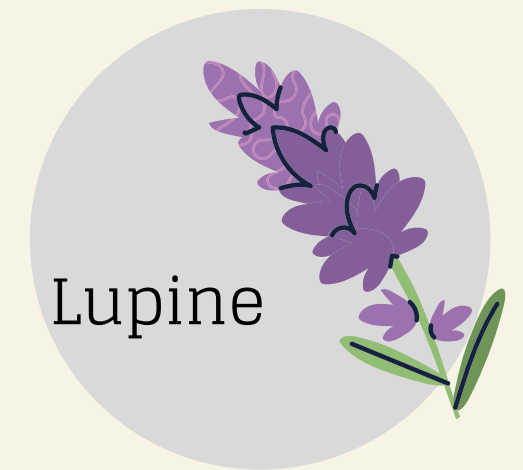
Plant Identification Guide



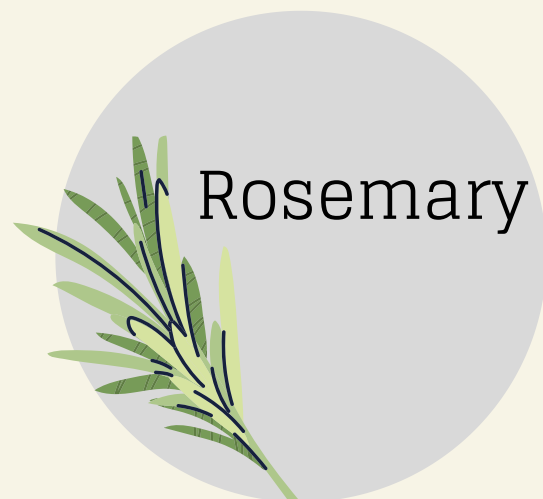
California
Fuchsia



Valley
Oak Tree



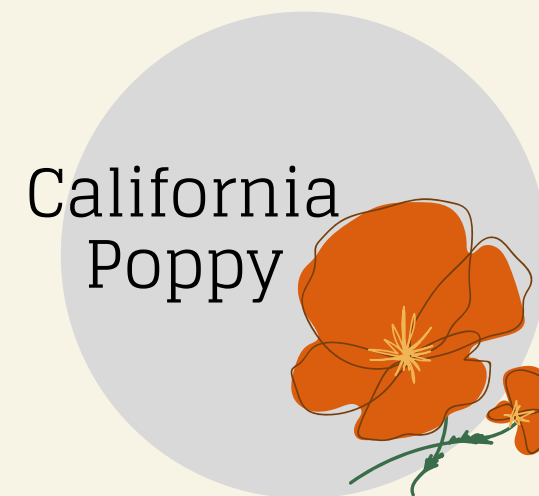
Lupine



Rosemary



California
Aster



California
Poppy